













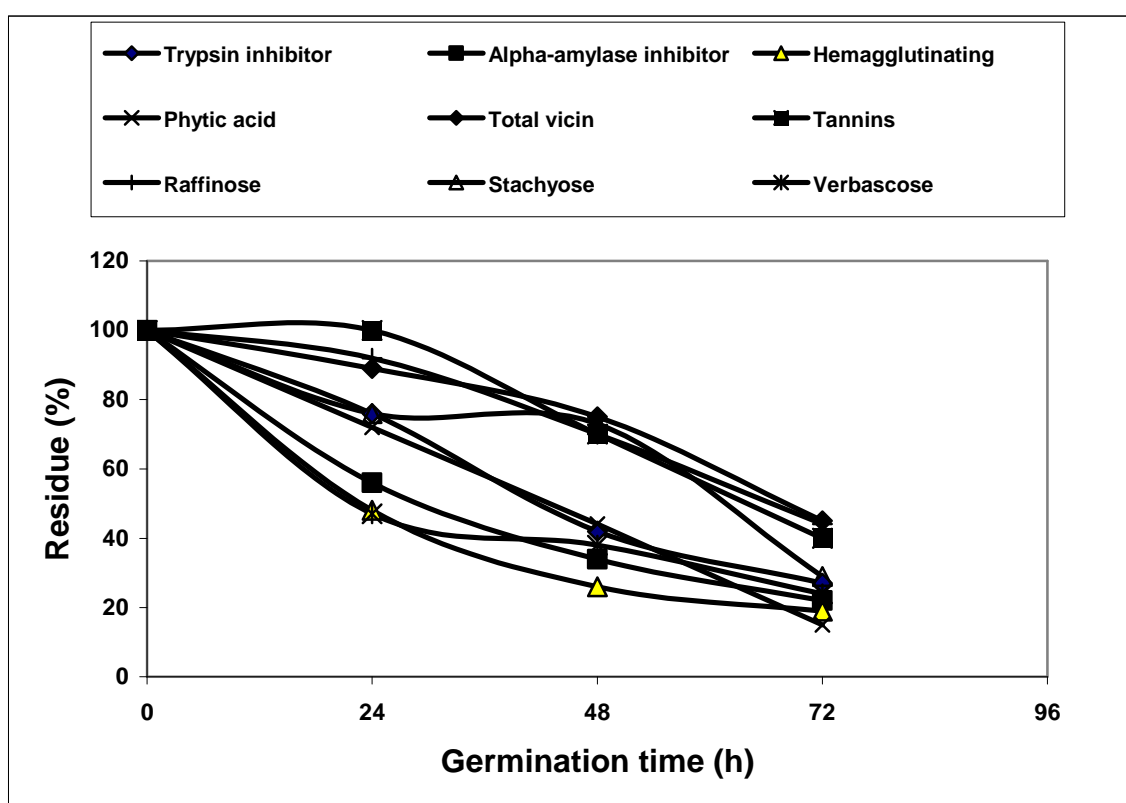






**Table (4): Effect of germination time on antinutritional matters**

Germination time (h)	Trypsin inhibitor (%)	Alpha-amylase inhibitor (%)	Hemagglutinating (%)	Phytic acid (%)	Total vicin (%)	Tannins (%)	Raffinose (%)	Stachyose (%)	Verbascose (%)
Raw	100	100	100	100	100	100	100	100	100
24	76	56	48	72	89	100	92	76	47
48	42	34	26	44	75	70	70	73	38
72	27	22	19	15	45	40	44	29	24



**Fig. (2): Effect of germination time on antinutritional matters.**

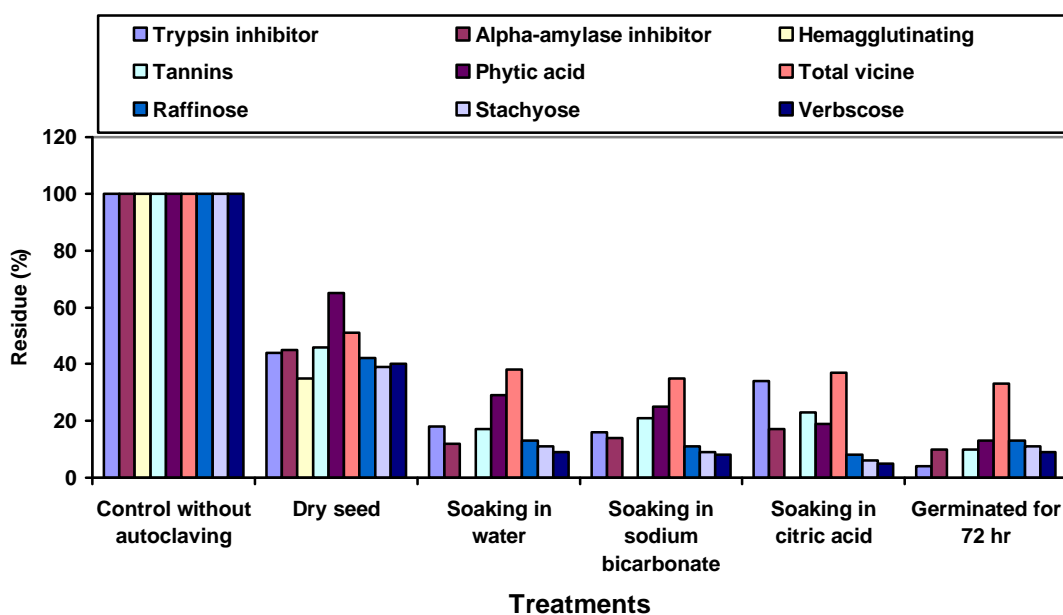
**The effect of autoclaving on the antinutritional matters in mung bean seeds:**

Data in Table (5) and Fig. (3) indicated that autoclaving was more effective than soaking for inactivating antinutritional matters in mung bean seeds. However high reduction was observed in soaked-autoclaved seeds.

Moreover, autoclaved germinated seeds revealed enormous reduction. The results of the present work suggest that a combination of two or more simple processing methods may be used to improve the nutritional value of mung bean seeds. Our data agreed with those of Khalil and Mansour (1995), on faba beans.

**Table (5): Residual percentage from antinutritional matters after autoclaving**

Treatments	Trypsin inhibitor (%)	Tannins (%)	Alpha-amylase inhibitor (%)	Hemagglutinating (%)	Phytic acid (%)	Total vicine (%)	Raffinose (%)	Stachyose (%)	Verbascose (%)
Control without autoclaving	100	100	100	100	100	100	100	100	100
Dry seed	44	46	45	35	65	51	42	39	40
Soaking in water	18	17	12	0	29	38	13	11	9
Soaking in sodium bicarbonate	16	21	14	0	25	35	11	9	8
Soaking in citric acid	34	23	17	0	19	37	8	6	5
Germinated for 72 h	4	10	10	0	13	33	13	11	9



**Fig. (3): Effect of autoclaving on antinutritional matters.**

**Effect of processing on in-vitro protein digestibility:**

In-vitro protein digestibility of raw and treated mung bean seeds was performed and results are shown in Table (6). Soaking resulted a slight improvement in protein digestibility which was calculated to be 74.6, 73.9

and 75.2% after soaking for 12 h in water, citric acid and sodium bicarbonate solution, respectively compared to 72.4% of raw seeds.

**Table (6): Effect of treatments on protein digestibility index**

Treatments	Digestibility (%)
Raw seds	72.4
Soaking in water (12 h)	74.6
Soaking in bicarbonate (12 h)	75.2
Soaking in citric acid (12 h)	73.9
Germination seeds (12 h)	77.7
Raw seeds + Autocl.	76.3
Soaking in water + Autocl.	79.1
Soaking in bicarbonate + Atocl.	79.8
Soaking in citric + Autocl.	76.8
Germination seeds + Autocl.	83.4

Germination improved the protein digestibility of mung bean seeds than autoclaved raw seeds however, germinated-autoclaved seeds showed the highest in-vitro protein digestibility of 83.4%. The improvement in digestibility could be induced by the combined effect of decrease in TI content and/or a greater susceptibility to enzyme attack of the degraded proteins formed during germination as described by Liener (1994).

### **Chemical and sensory evaluation of prepared beef sausage and beef burger by adding rehydrated mung bean flour:**

#### **a) Beef sausage:**

Data in Table (7) show the moisture, crude protein, ether extract, ash and total carbohydrates contents in beef sausage prepared in laboratory. Moisture content of fresh sausage ranged from 58.92 to 62.61%, while, it was from 49.27 to 52.57 % after frying. Moisture, crude protein and ether extract contents decreased by increasing the level of replacement with mung bean while, ash and total carbohydrates took the opposite direction. This is mainly due to the lower content of protein and fat content in the replace ingredients. On the contrary, ash and total carbohydrates increased by increasing the supplementation levels. These results are in agreement with those reported by Faheid *et al.* (1998).

Also, results in the same table indicated that moisture and ether extract decreased after frying, while crude protein, ash and total



carbohydrates increased. Crude protein decreased in all treatments by increasing the levels of replacement for meat by prepared mung bean seeds. The percentage of decrease reached 10.22% for crude protein at level 35% replacement. However, increase of crude protein after frying may be due to decrease in ether extract content due to escape of some fats in cooking process and/or lowering of meat with increasing the level of replacement as mentioned by Nuzhat *et al.* (2002).

Data in Table (8) indicate the physico-chemical properties of beef sausage with series levels of mung bean replacement besides changes in TVN, TBA, pH value, WHC, plasticity and cooking loss in prepared beef sausage. TVN amounted to 9.60 mg/100 g in fresh beef sausage and increased after frying to 9.80 mg/100 g. Adding treated mung bean seeds at levels from 5 to 35% in fresh or fried beef sausage decreased TVN to 5.95 and 6.60 mg/100 g respectively. TBA took the same trend and revealed 0.64 and 0.65 mg/kg in fresh and fried beef sausage and decreased to 0.33 and 0.36 mg/kg respectively. On the contrary pH value was 5.87 and 5.95 in fresh and fried beef sausage and increased gradually to 6.06 and 6.08, respectively. Concerning W.H.C. it was 1.25 cm<sup>2</sup>/0.3 g in fresh beef sausage and decreased gradually to 0.50 cm<sup>2</sup>/0.3 g, while plasticity decreased from 3.20 to 1.70 cm<sup>2</sup>/0.3 g. Cooking loss % was 8.51 in fresh beef sausage and decreased gradually to 2.06. These results are in agreement with Faheid *et al.* (1998) and Modi *et al.* (2003).

Data in Table (9) indicate the sensory evaluation (color, aroma, taste, texture, palatability and total scores) in beef sausage prepared in laboratory with replacement by mung bean (0 to 35%). Results show that there are significant differences (P<0.05) for color, taste, texture and palatability between control and all treatments, except there was no significant differences (P>0.05) in aroma between control and treatments with replacement level of 5, 10 and 15% rehydrated mung bean.

Anyhow, the mung bean added to sausage samples could be separated into two groups, hence there is no significant differences (P>0.05) between any two samples with the same group. The first group includes sausage treatments replacement levels 5, 10, 15 and 20% of mung bean.

The second group includes sausage treatments replacement with 25 to 35% mung bean. In the same time there is significant difference ( $P < 0.05$ ) between the two groups.

**Table (9): Sensory evaluation of beef sausage with rehydrated mung bean.**

Replacement with mung bean (%)	Color	Aroma	Taste	Texture	Palatability	Total score
Control	9.8±0.13 <sup>a</sup>	9.6±0.16 <sup>a</sup>	9.8±0.13 <sup>a</sup>	9.9±0.10 <sup>a</sup>	9.8±0.13 <sup>a</sup>	48.9±0.38 <sup>a</sup>
5	9.2±0.30 <sup>b</sup>	9.3±0.16 <sup>ab</sup>	9.2±0.13 <sup>b</sup>	9.3±0.17 <sup>b</sup>	9.2±0.15 <sup>b</sup>	46.2±0.59 <sup>ab</sup>
10	9.2±0.39 <sup>b</sup>	9.3±0.21 <sup>ab</sup>	9.1±0.10 <sup>b</sup>	9.2±0.16 <sup>bc</sup>	9.1±0.00 <sup>b</sup>	45.9±0.53 <sup>ab</sup>
15	9.0±0.46 <sup>bc</sup>	9.1±0.13 <sup>abc</sup>	9.0±0.16 <sup>bc</sup>	9.2±0.18 <sup>bc</sup>	9.0±0.15 <sup>b</sup>	45.3±0.59 <sup>b</sup>
20	8.8±0.30 <sup>bc</sup>	8.7±0.26 <sup>bc</sup>	8.8±0.10 <sup>bc</sup>	9.0±0.16 <sup>bc</sup>	8.9±0.21 <sup>bc</sup>	44.2±0.63 <sup>b</sup>
25	8.6±0.38 <sup>c</sup>	8.4±0.28 <sup>c</sup>	8.5±0.22 <sup>c</sup>	8.7±0.15 <sup>c</sup>	8.4±0.16 <sup>c</sup>	42.6±0.52 <sup>b</sup>
30	7.4±0.40 <sup>d</sup>	7.6±0.31 <sup>d</sup>	6.6±0.22 <sup>d</sup>	6.9±0.18 <sup>d</sup>	6.7±0.21 <sup>d</sup>	35.2±0.68 <sup>c</sup>
35	6.4±0.40 <sup>e</sup>	6.9±0.41 <sup>d</sup>	5.7±0.26 <sup>e</sup>	5.9±0.28 <sup>e</sup>	5.5±0.27 <sup>e</sup>	30.4±0.92 <sup>d</sup>
LSD	0.57	0.72	0.50	0.51	0.50	3.76

a, b, c, d & e: There is no significant difference between any two means, with the same attribute, have the same letter ( $P > 0.05$ ).

### b) Beef burger:

Data in Table (10) show the moisture, crude protein, ether extract, ash and total carbohydrate contents in beef burger prepared in laboratory with replacement levels of mung bean. Moisture content of fresh beef burger was 67.12%, while it ranged from 64.34 to 66.01% in all treatments. Moisture content decreased after frying in all treatments, where it ranged from 53.57 to 56.44%.

Crude protein and ether extract contents decreased with increasing the level of replacement by mung bean seeds, while, ash and total carbohydrates content increased with increasing replacement levels (0 to 35%).

Also, results in the same table indicate that moisture, crude protein, ash and total carbohydrate contents decreased after frying, wherever ether extract content increased.

The percentage of decrease reached to 9.25 and 7.05% for crude protein at level 35% compared to fresh and fried one, respectively. Decrease of crude protein after frying may be due to increase in ether



extract. These results are in agreement with those reported by Abd El-Salam and Hassanin (1987), Mansour and Khalil (1999) and El-Mansy *et al.* (2002).

Data in Table (11) indicate the physico-chemical properties of beef burger with series levels of mung bean replacement besides changes in TVN, TBA, pH value, WHC, plasticity, cooking loss and shrinkage in prepared beef burger. TVN amounted to 10.40 mg/100 g in fresh beef burger and increased after frying to 11.70 mg/100 g. Adding treated mung bean seeds at levels from 5 to 35% in fresh or fried beef burger decreased TVN to 5.80 and 7.40 mg/100 g respectively. TBA took the same trend and revealed 0.56 and 0.59 mg/kg in fresh and fried beef burger and decreased to 0.33 and 0.35 mg/kg respectively. On the contrary pH value was 5.40 and 5.64 in fresh and fried beef burger and increased gradually to 5.78 and 5.95 respectively. Concerning W.H.C. it was 4.90 cm<sup>2</sup>/0.3 g in fresh beef burger and decreased gradually to 3.30 cm<sup>2</sup>/0.3 g, while plasticity increased from 1.70 to 2.00 cm<sup>2</sup>/0.3 g. Cooking loss % and shrinkage after frying reached 13.26 and 13.42 fresh beef burger and decreased gradually to 3.54 and 6.75, respectively. Similar findings were reported by Lecomte *et al.* (1993) and Modi *et al.* (2003).

Data in Table (12) indicated the sensory evaluation (color, aroma, taste, texture, palatability and total scores) in prepared beef burger with replacement by mung bean (0 to 35%). Results indicated that there were no significant differences ( $P>0.05$ ) for all properties tested except total score between control sample and all treatments for 10% replacement levels.

Anyhow, the treatment of beef burger samples could be separated into two groups, hence there is no significant differences ( $P>0.05$ ) between any two samples with the same group. The first group includes beef burger treatments replacement levels 5, 10, 15 and 20% of mung bean.

The second group includes beef burger treatments replacement with 25 to 35% mung bean. In the same time there is significant difference ( $P<0.05$ ) between the two groups.

So, it could be recommended to apply replacement level with 20% mung bean from meat used in prepared sausage and beef burger products.



**Table (12): Sensory evaluation of beefburger with rehydrated mung bean.**

Replacement with mung bean (%)	Color	Aroma	Taste	Texture	Palatability	Total Score
Control	9.5±0.21 <sup>a</sup>	7.2±0.19 <sup>a</sup>	9.6±0.24 <sup>a</sup>	9.7±0.25 <sup>a</sup>	7.3±0.17 <sup>a</sup>	43.3±1.06 <sup>a</sup>
5	9.2±0.19 <sup>ab</sup>	6.8±0.13 <sup>ab</sup>	9.2±0.24 <sup>abc</sup>	9.3±0.24 <sup>ab</sup>	6.9±0.21 <sup>abc</sup>	41.4±0.93 <sup>ab</sup>
10	9.1±0.25 <sup>ab</sup>	6.8±0.14 <sup>ab</sup>	9.2±0.19 <sup>abc</sup>	9.1±0.33 <sup>ab</sup>	6.8±0.23 <sup>abc</sup>	41.0±1.02 <sup>ab</sup>
15	8.9±0.21 <sup>bc</sup>	6.6±0.08 <sup>bc</sup>	9.0±0.13 <sup>bc</sup>	8.8±0.30 <sup>bc</sup>	6.8±0.21 <sup>abc</sup>	40.1±0.72 <sup>b</sup>
20	8.8±0.13 <sup>bcd</sup>	6.4±0.07 <sup>bc</sup>	9.0±0.13 <sup>bc</sup>	8.7±0.23 <sup>bc</sup>	6.7±0.14 <sup>abc</sup>	39.6±0.40 <sup>bc</sup>
25	8.7±0.13 <sup>bcd</sup>	6.3±0.14 <sup>c</sup>	8.8±0.15 <sup>c</sup>	8.6±0.25 <sup>bc</sup>	6.6±0.18 <sup>bc</sup>	39.0±0.72 <sup>bc</sup>
30	8.5±0.17 <sup>cd</sup>	5.8±0.23 <sup>d</sup>	8.1±0.20 <sup>d</sup>	8.3±0.30 <sup>c</sup>	6.4±0.20 <sup>bc</sup>	37.1±0.90 <sup>cd</sup>
35	8.3±0.23 <sup>d</sup>	5.6±0.24 <sup>d</sup>	7.9±0.25 <sup>d</sup>	8.2±0.29 <sup>c</sup>	6.3±0.35 <sup>c</sup>	36.3±1.14 <sup>d</sup>
LSD	0.55	0.46	0.56	0.78	0.60	2.51

a, b, c, & d: There is no significant difference between any two means, with the same attribute, have the same letter (P > 0.05).

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**Table (7): Chemical composition of beef sausage with rehydrated mung bean.**

Replacement with mung bean (%)	Moisture (%)		Crude protein* (%)		Ether extract* (%)		Ash* (%)		Carbohydrate* (%)	
	Fresh	After frying	Fresh	After frying	Fresh	After frying	Fresh	After frying	Fresh	After frying
0	62.61	52.57	38.94	42.16	44.16	38.99	7.59	7.98	9.31	10.87
5	62.08	51.64	38.65	41.32	43.88	38.43	7.61	7.63	9.86	12.62
10	61.55	51.70	37.77	39.27	43.53	38.67	7.65	7.71	11.05	14.35
15	60.89	51.98	35.79	38.88	43.20	37.48	7.70	7.78	13.31	15.86
20	60.12	51.67	33.94	37.90	42.86	37.51	7.74	7.82	15.46	16.77
25	59.93	51.50	32.20	36.78	42.60	37.27	7.77	7.83	17.43	18.12
30	59.39	49.99	30.48	35.27	42.35	37.00	7.82	7.90	19.35	19.83
35	58.92	49.27	28.72	34.77	42.08	36.44	7.88	7.95	21.32	20.84

\* On dry weight basis.

**Table (8): Physico-chemical properties of beef sausage with rehydrated mung bean.**

Replacement with mung bean (%)	TVN (mg/100 g)		TBA (mg/kg)		pH value		W.H.C.		Plasticity		Cooking loss (%)	
	Fresh	After frying	Fresh	After frying	Fresh	After frying	Fresh	After frying	Fresh	After frying	Fresh	After frying
0	9.60	9.80	0.64	0.65	5.87	5.95	1.25	-	3.20	-	8.51	-
5	9.45	9.70	0.59	0.62	5.89	5.99	1.15	-	3.05	-	7.72	-
10	8.40	9.10	0.53	0.59	5.93	6.01	0.95	-	2.80	-	7.54	-
15	7.80	8.90	0.50	0.52	5.95	6.03	0.95	-	2.65	-	6.94	-
20	7.50	8.10	0.45	0.46	6.02	6.05	0.80	-	2.45	-	5.89	-
25	6.80	7.50	0.38	0.42	6.03	6.06	0.75	-	1.95	-	4.68	-
30	6.30	7.00	0.35	0.38	6.04	6.07	0.60	-	1.75	-	2.66	-
35	5.95	6.60	0.33	0.36	6.06	6.08	0.50	-	1.70	-	2.06	-

TVN: Total volatile nitrogen

TBA: Thiobarbituric acid

W.H.C.: Water holding capacity

**Table (10): Chemical composition of beef burger with rehydrated mung bean.**

Replacement with mung bean (%)	Moisture (%)		Crude protein* (%)		Ether extract* (%)		Ash* (%)		Carbohydrate* (%)	
	Fresh	After frying	Fresh	After frying	Fresh	After frying	Fresh	After frying	Fresh	After frying
0	67.12	54.81	51.81	44.52	14.97	22.59	6.52	6.31	26.70	26.58
5	64.34	55.28	49.06	43.06	13.84	22.52	6.59	6.48	30.51	27.94
10	65.89	56.44	48.53	42.71	13.61	22.44	6.70	6.53	31.15	28.32
15	65.19	54.57	47.29	41.46	13.20	21.31	6.77	6.60	32.75	30.64
20	66.01	54.74	46.11	40.72	12.71	20.74	6.96	6.66	34.23	31.89
25	65.60	56.40	44.72	39.46	11.91	20.83	6.96	6.70	36.41	33.01
30	65.33	56.16	43.54	38.42	11.77	21.09	6.98	6.73	37.71	33.77
35	65.65	53.57	42.56	37.47	11.24	20.51	6.96	6.84	39.24	35.09

\* On dry weight basis.

**Table (11): Physico-chemical properties of beef burger with rehydrated mung bean.**

Replacement with mung bean (%)	TVN (mg/100 g)		TBA (mg/kg)		pH value		W.H.C.		Plasticity		Cooking loss (%)		Shrinkage after frying (%)
	Fresh	After frying	Fresh	After frying	Fresh	After frying	Fresh	After frying	Fresh	After frying	Fresh	After frying	
0	10.40	11.70	0.56	0.59	5.40	5.64	4.90	-	1.70	-	13.26	-	13.42
5	9.90	11.00	0.53	0.56	5.42	5.54	4.50	-	1.75	-	12.49	-	12.95
10	9.30	10.60	0.50	0.53	5.48	5.62	4.45	-	1.75	-	9.49	-	12.18
15	8.50	9.90	0.48	0.51	5.55	5.66	4.25	-	1.95	-	7.36	-	10.86
20	7.80	9.20	0.45	0.49	5.59	5.75	4.08	-	1.85	-	6.59	-	9.24
25	6.90	8.50	0.42	0.44	5.65	5.82	3.75	-	1.90	-	4.84	-	8.87
30	6.20	8.00	0.38	0.40	5.71	5.90	3.50	-	1.95	-	3.72	-	7.38
35	5.80	7.40	0.33	0.35	5.78	5.95	3.30	-	2.00	-	3.54	-	6.75

TVN: Total volatile nitrogen

TBA: Thiobarbituric acid

W.H.C: Water holding capacity